



**INFANT SCHEDULE**



**Child's Name** \_\_\_\_\_

**Date** \_\_\_\_\_ **Age** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**Primary Caregiver** \_\_\_\_\_  
**Sleeping Patterns:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Pattern of Activities:**

**Indoor:** (Include time when child to be held, played with and talked to and time for floor activities)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Outdoor:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Expected Diapering Schedule:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Additional Information:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

Note This schedule is to be updated at least every 2 months.

**SLEEPING COT CONSENT FORM**



I have discussed with center personnel the development of my child and feel that he/she is developmentally ready to sleep/nap on a cot at 12 months or at the time this consent form is signed. I therefore give full consent for my child to sleep on a cot at naptime while under supervision of staff at the Kiddie University Capitol Hill CDC Infant/Toddler Program.

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Signature of Parent \_\_\_\_\_ Date \_\_\_\_\_

# POTTY TRAINING CONTRACT



### What is potty training?

Potty training involves the steps that it takes to teach toddlers how to use the toilet on their own. This usually involves a period of time anywhere from several weeks to several months depending on the readiness of the child.

### When is a toddler ready for potty training?

- When the toddler stays dry longer than when he/she was younger.
- When the toddler begins to ask for "potty"
- When the toddler begins to take off pull-up
- When the toddler uses potty training words
- When the toddler asks for the potty after their clothes are already soiled
- When the toddler uses the potty sometimes
- When the toddler shows muscle control by not wetting their training pants

### What are the steps that should be taking to get the toddlers trained?

- The toddler should come in with training pants.
- The toddler will use the toilet every 20-45 minutes while going through normal daily center activities.
- The Toddler will use the potty after drinking before nap and afterwards.

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Parents are asked to help with potty training by putting their toddler on the potty in the morning upon arrival to the center each day for 30 sec. to 3 minutes, letting us know how the prior evening went, and by letting the toddler know that they are expected to go "potty today and everyday".

Parents are encouraged to have their toddlers in training clothing all day and when at home. Staff are here and willing to assist you in any way we can to make potty training your toddler a success. If your child is not fully potty trained by the time he/she turn 3 years old, you will be assessed a \$20.00 a week training fee. This will be in addition to your weekly tuition.

### Helpful Hints

Use pull-up only at night, putting pull-up on once toddler is asleep, and removing before toddler awakens in the morning. This is important because pull-ups will 'no longer be apart of their lives.

I \_\_\_\_\_ have read, understand and agree with this Potty Training Agreement.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

## INFANT DAILY NEEDS LIST



- **Three complete changes of clothing (labeled)**
- **Bibs - 4 or more (labeled)**
- **Wipes - Please refill your child's labeled container**
- **Diapers - Restock each morning OR week, leaving 6 or more**
- **Blanket, Comforter, and Sheets (labeled)**
- **Plastic Bags for soiled clothing (5) per week (labeled)**
- **Bottles Needed For the Day (already prepared) (labeled)**
- **Formula/Juice (labeled)**
- **Infant Food/Cereal (labeled)**
- **Oils, Ointments, or Lotions (labeled) w/ approved consent**
- **Wash Cloths - 2 (labeled)**
- **Please label all of your child's items prior to bringing them to the center. Check your child's cubby each day to make sure that all items needed are ready for the next day**

**Thank you**